

Initial Date: 07/19/2023

Revised Date:

Section: 9-40R

## ***Prednisone***

**Pharmacological Category:** Corticosteroid, Systemic

**Routes:** PO

**Indications:**

1. Allergic Reaction
2. Inflammatory respiratory issues

**Contraindications:**

1. Hypersensitivity to steroids
2. Known systemic fungal infections
3. Children  $\leq$  6 years of age
4. Inability to take PO medication

**Expected effects:**

1. Decreased inflammation

**Side effects:**

1. Retention of fluids

**Notes:**

1. Do not cut prednisone tablets

**Dosing: ANAPHYLAXIS ALLERGIC REACTION**

Indication: If patient is symptomatic of an allergic reaction but not in a severe allergic reaction or anaphylaxis OR after epinephrine administration.

Adults administer:

1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

**Dosing: ADRENAL CRISIS**

Indication: Patients with a known history of adrenal insufficiency, experiencing signs of crisis.

Adults administer:

1. Prednisone tablet 50 mg PO

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

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**Dosing: ADULT RESPIRATORY DISTRESS**

Indication: Respiratory distress patients with wheezing or diminished breath sounds due to asthma or COPD

Adults administer:

1. Prednisone tablet 50 mg PO

**Dosing: PEDIATRIC RESPIRATORY DISTRESS, FAILURE, OR ARREST**

Indication: Pediatric respiratory distress patients with suspected bronchospasm (wheezing)

Pediatrics > 6 years of age administer:

1. Prednisone tablet 50 mg PO

Used in the Following Protocols

Anaphylaxis/Allergic Reaction (Section 1 General Treatment)

Adrenal Crisis (Section 1 General Treatment)

Respiratory Distress (Section 3 Adult Treatment)

Pediatric Respiratory Distress, Failure or Arrest (Section 4 Obstetrics and Pediatrics)